



\$5.99 Pizza Special

Prices subject to change

Food Delivery Time: 1:45pm (Suggested)

Things to Bring



3-4 Table Cloth Covers
(8ft. Standard size rectangle)



Bucket or cooler with ice



Self Serve Size -
Water Bottles & Fruit Juice Boxes



Cutting knife for cake



Matches for candles



Table wear (plastic goods)



Ballons, banners, other decore

Things to Remember

Coaches fee must be paid by Cashiers Check, Money Order or Cash only. Sorry no personal checks.

\$60 each X (2) coaches = \$120

Confirm your final number of child guests (3) business days before your event date. All children 18 months & up.

General Birthday Party Information

Thank you for your interest in booking your child's birthday party at Los Angeles School of Gymnastics. In an effort to make the experience enjoyable and effortless for you, we would like to provide you with the following additional information:

- Parties with children aged four years and under require one coach for every six children, as opposed to the regular eight to one ratio. (i.e. 24x4yr old = 4 coaches)
- You may request a 1st floor main gym set-up for less than 40 students with a \$450.00 deposit minimum. This set-up includes main 1st level floor seating, banquet style seating, direct access from the parking lot for guests, and more.
- There is an additional \$75.00 gym fee to have an extra half hour for your party, as well as an additional fee for each of the coaches of \$15.00.
- Gym fees are due not later than two weeks prior to the scheduled party.
- Please remember that the coaches are to be paid before the party begins, we would prefer not to have to ask. Coaches set up tables and chairs and the equipment, but they are not required to decorate for you, or set up food etc. (Thanks from the coaches)
- Please let us know if you would like to have a specific theme for your child's party or if you would like music for the gym. We have plenty of children's music available upon request.
- Please tell the parents of the guests that the children should be dressed comfortably preferably in gymnastics attire, but not in jeans or any pant with a zipper. No jewelry please, it is dangerous for both athlete and coach as jewelry may interfere with spotting or get caught in the equipment.
- Please tell your guests parents' that they are not allowed on the floor during the party, except where a child is too young or in need of parental support and the coach has agreed. There is a viewing room upstairs for parents to watch. Absolutely no parents can be on the equipment for liability reasons. We know it is tempting and if a parent would like to try out the gym we have adult classes available.
- Special arrangements can be made for sleep over parties at an additional cost. Please ask the director for information.
- If you requested a specific coach, but do not get that coach please remember that we cannot guarantee that coach's participation.
- Please read your contract over carefully and ask any questions before the day of the party.
- We ask that you take the time to fill out an evaluation after your party so we can make any adjustments that are necessary to make the birthday parties a positive experience.
- It is our number one priority to make the experience of throwing a party at LASG as positive and as enjoyable as possible, please do not hesitate to let us know what we can do to further that effort.



LOS ANGELES
School of Gymnastics
Since 1975

Los Angeles School of Gymnastics
A NON-PROFIT CORPORATION
8450 Higuera Street
Culver City, CA 90232
310.204.1980

BULK MAIL
NON-PROFIT ORG.
U.S. POSTAGE PAID
Culver City, California
Permit 162

it's a gymnastics

BIRTHDAY PARTY

Los Angeles School of Gymnastics

Tel.: (310) 204-1980

Fax: (310) 204-6864

www.lagymnastics.com

info@lagymnastics.com

What does the party consist of?

Each party is reserved for a 2-hour time block (unless additional time is requested). You will be asked to arrive 30 minutes prior to your party start time to prepare for set-up and guest arrival.

At this time, you will be greeted by a Birthday Party instructor and questions and/or instructions will be given at this time. As your guests arrive, they will check-in with you in the private party room located on the 2nd floor adjacent to the observation room. Once all guests have checked-in, participants will be led to the main gymnasium room. The first 15 minutes will be a supervised warm-up accompanied by music and dance. As the warm-up concludes, every group of 10 students will be grouped with one instructor (boys/girls and age) and placed in a circuit of activities.

The floor activities include:

Relay Races
Gymnastics Games
Obstacle Courses
Foam-Filled Pit
Peter Pan Ride
Zip Line
Trampoline
Mazes and much more!

The activities will run for approximately 1 ½ hours. Once all floor activities are concluded, all participants will be forwarded to the private party room where you can serve your choice of refreshments, food, cake and any other activity you prefer. You will have the last 30 minutes of your party block in the private room to conclude the party activities. You may modify the schedule by special request or if you choose to add additional time to your party date.



Guidelines

Gymnastics Activity will include trampolines, obstacle courses, foam-filled pit, Peter Pan flying ride, parachute games, and other fun activities using gymnastics apparatus. This is a supervised party for children. Children will be grouped and will participate in the gymnastics activities with an instructor.

There is **NO FREE PLAY** in the gymnastics area.

Only the parents of the birthday child are allowed on the gym floor.

For parties with children attending that are 3 or under, one parent will be allowed to participate with the child on the floor.

All guests, spectators, non-participants and visitors must stay in the party room or adjacent observation room.

For children who can not stay with an instructor and/or group (i.e.: unruly children, toddlers), will be asked to view the party in the party room or observation room until the conclusion of the party time block.

Each participant of your birthday party will receive a participant ribbon and a coupon for a future gymnastics class.

Los Angeles School of Gymnastics Birthday Party 2011 - 2012 Contract

8450 Higuera Street, Culver City, CA 90232 (310)204-1980

A Non Profit Corporation with over 28 years of experience offering the best birthday parties in the LA!

Los Angeles School of Gymnastics agrees to provide the following:

- 🎉 Two hours of facility time
- 🎉 One and a half hours of gymnastics supervised by certified instructors
- 🎉 4-5 tables and up to 45 chairs
- 🎉 Party room, bathroom facilities and scheduled instructors.

The Parent or Legal Guardian agrees to:

- 1) Confirm party date, time, number of children and any special details or requests at least three weeks prior to the date of the party;
- 2) Provide all decorations, table covers, food, beverages, utensils, party favors, etc.;
- 3) Pay coaches fees in cash before the party begins;
- 4) Insure that party ends promptly, (there will be 30 minutes for party activities)
- 5) Pay fees as follows:
 - a. \$250.00 gym fee for parties up to 20 (reserves gym and party room for two hours and is tax deductible under California Code section 501C3); up to 20 children.
 - b. \$350.00 gym fee for parties of 21-30 participants
 - c. \$450.00 gym fee for parties of 31-40 participants
 - d. \$500.00 gym fee for parties of 41-50 participants
 - e. \$75.00 for an additional half hour of gym time and \$15 per coach;
 - f. \$60.00 for each coach. One coach for each group of ten children or any fraction thereof, is required. (Gratuity not included, but much appreciated)
 - g. \$30.00 for each coach for extended parties for each additional hour.
- 6) Pay a 20% processing fee for party dates not re-scheduled at least two weeks before scheduled date.

🎉 Due to demand for parties we do not offer refunds

🎉 Parties will be cancelled and rescheduled with a 20% processing fee where correct number of children are not confirmed at least three business days prior to party, where failure to do so results in too few instructors.

🎉 There is a 10% discount on gym fee for L.A.S.G. members

🎉 Please dress children in gymnastics attire or comfortable clothes. (No Jeans please)

Family Name _____

Child's Name _____ Age _____ Boy Girl

Address _____

Reservation Month _____ Day _____ Time _____

Estimated # of Children _____

Phone (day) _____

I have read and understand the above information and agree to my responsibilities as outlined. I hereby waive and release the Los Angeles School of Gymnastics, their officers, and staff from any and all liability for any injuries or illnesses incurred during the party. I understand that LASG is not responsible for lost or stolen items.

LASG DOES NOT PROVIDE TABLEWEAR OR FOOD!

Printed name of Parent or Guardian _____ Date _____