



Los Angeles School of Gymnastics

Karate-Do Shotokan

For over 11 years we have been training karate to young children in our community. We have promoted some students through the rank of black belt and professional level. Martial Art is a way of life and our system is great enough to introduce your child to practice Karate-Do and Judo at any age.

Dress/Attendance

Students are required to have proper for class. Our system is a progressive learning system. Regular weekly attendance is required in order to ensure that students receive maximum benefits from enrolling in our program.

Karate Shotokan

Self Defense

Physical Education



Schedule

	Monday	Saturday
Basics - Lil Kicker	4yrs - 5yrs 4:00pm - 5:00pm	4yrs - 6yrs 9:00am - 10:00am
Beginners/Intermediate	5yrs - 7yrs 4:00pm - 5:00pm	6yrs - 8yrs 10:00am - 11:00am
Adult	7:30pm - 8:30pm	11:00am - 12:00pm



www.lagymnastics.com

(310) 204-1980